

Your doctor has prescribed Cariban®.

How do you use Cariban® ?

For morning sickness (with or without vomiting) from day 1 onwards	 2 capsules at bedtime (due to prolonged drug release) 
If nausea persists (with or without vomiting) until the afternoon of the 2nd day from day 3 onwards	 1 capsule in the morning +  2 capsules at bedtime  
If the 3 capsules do not adequately control symptoms on day 3 from day 4 onwards	 1 capsule in the morning +  1 capsule in the afternoon +  2 capsules at bedtime   
Maximum dose	 4 capsules / day

The hard capsules should be swallowed whole, on an **empty stomach** and with sufficient liquid, preferably water.

This information does not replace reading the package leaflet.